

# Wilmot Union High School WUHS TODAY ISSUE 20 • MARCH, 2025



OUR STUDENTS. OUR COMMUNITY.



CLICK HERE TO GET THE FACTS BEFORE YOU VOTE!



# **LEARN MORE & JOIN US!**

# **INFO NIGHTS**

Presentation & Tour WUHS Library 6 pm





# **COFFEE TALKS**

Hosted by Dr. Plourde Cup O' Joe 5-6:30 pm





# BOARD OF EDUCATION MEETINGS:

WORKING SESSION: MARCH 10 - 4:30 PM

MARCH 19 - 6:00 PM

CLICK HERE FOR THE 24-25
BOARD OF EDUCATION
CALENDAR

CLICK HERE
TO
JOIN OUR EMAIL LIST

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OUR STUDENTS, OUR COMMUNITY.



# **Dear Wilmot Community**

The School Board of Education has placed a facility (bond) referendum on the April 1, 2025 ballot for \$22,900,000 to address building needs that we cannot complete within our annual budget. We will do our best to inform the community of the project needs and solutions between now and April 1.

Due to the District paying off debt this year, if voters approve the referendum, there will be no estimated tax mill rate increase, and taxes will still drop.

# **Key Facility Improvements**

The referendum will fund critical projects in three main areas:



LEARNING ENVIRONMENTS



& SECURITY IMPROVEMENTS



# How to Learn More

Join us at these upcoming referendum information events:

INFO NIGHT



@ WUHS Library Presentation & Tour I 6 pm

COFFEE TALK



@ Cup O' Joe's with Dr. Plourde 5-6:30 pm

# SCAN HERE

Visit our Website for Info & FAQS

Contact: Dr. Michael Plourde e: plourdem@wilmoths.k12.wi.us p: 262-862-9006 | wilmothighschool.com

# Why go to referendum now?



The District has selected only the highest priority projects that are overdue or need to be addressed immediately to meet our facility and student needs. These needs will not go away, and only get more expensive due to inflation and potentially higher interest rates.



Due to the District paying off debt this year, property taxes will drop next year. The board of education has elected to ask for the referendum in April because the community can pass it and still see taxes decrease substantially.

Due to debt being paid off. if the 2025 referendum passes, our tax mill rate will still decrease.



# What is on the April 1 ballot?

Shall the Wilmot Union High School District, Kenosha County, Wisconsin be authorized to issue pursuant to Chapter 67 of the Wisconsin Statutes, general obligation bonds in an amount not to exceed \$22,900,000 for the public purpose of paying the cost of a school building and facility improvement project at the High School and Panther Sports Complex consisting of: classroom modernization; renovations, including for technical and family and consumer sciences education: renovations for new community daycare center; district-wide safety and security improvements, capital maintenance, building infrastructure and site improvements; and acquisition of furnishings, fixtures and equipment?

MYVOTE.WI.GOV

APRIL TST

- Find your polling location
- Register online to vote by Mar. 12th
- Early in-person voting begins Mar. 18th
- Request Absentee Ballot by Mar. 27th

POLLS **OPEN 7AM - 8PM** 

# A MESSAGE FROM THE ASSOCIATE PRINCIPAL

# **EVERY DAY MATTERS:**

# Let's Finish the School Year Strong!

As we approach the final stretch of the school year, we want to highlight the importance of consistent attendance and its impact on our students' success. Attendance is not just about being present in class—it plays a critical role in academics, social and emotional well-being, and the development of important life skills.



Dan Bender Associate Principal

# **SCHOOL REPORT CARD:**

# Attendance Directly Affects Our School Report Card.

# Why is this important?

- Achieving a strong attendance rate can help boost our school's overall ranking, enhancing our reputation in the community and attracting families to our district.
- A positive school reputation has the added benefit of supporting **property** values in our neighborhoods, as many families prioritize school quality when choosing where to live. Let's make our district a true destination district.
- Currently, our current attendance rate stands at 93%, which is one of the benchmarks we need to maintain in order to **improve our school's report card** ranking from "meets few expectations" to "meets expectations." We believe that with continued focus and support from our families, we can not only reach but exceed this goal, helping our school community thrive.

Let's finish the year strong by keeping attendance a priority and ensuring every student is engaged, present, and ready to succeed. Together, we can make a lasting impact!

Thank you for your continued support in helping our students succeed academically and socially.

Sincerely,

Dan Bender Associate Principal

Executive Danielle Fiveland-Scott, our Administrative Assistant & Communications Coordinator, is a true asset to Wilmot! Recently, she resolved a critical data issue in just one day, ensuring students could continue their research. She also improved the Ebscohost integration for easier access. Danielle played a vital role in developing our new website and app, making resources more accessible for all. Wilmot. Danielle's With 3.5 at vears contributions extend to communication. organizing events, and keeping our community engaged. Outside work, she's a proud mom to her 17 month old son, Forrest and recently moved to Twin Lakes. Thank you, Danielle! #WilmotPride #StaffSpotlight

DANIEHTE FIVELAND-SCOTT

DISTRICT OFFICE

Shoutout to Mr. David Dvorak for his unwavering dedication to our students! Inspired by mentors Mr. Haas and Mr. Sorenson, he goes above and beyond, arriving at 6:45 AM and staying late, offering free band lessons, and creating fun music arrangements. His students adore him, with many affectionately calling him "dad." A true role model, Mr. Dvorak's kindness and commitment make a lasting impact. Special shoutout to his amazing wife for supporting him and sharing his heart for kids! #TeacherSpotlight #ThankYouMrD



**BAND TEACHER** 

Join us in celebrating Mr. Blount, an outstanding Physics and AP Physics teacher with 21 years at Wilmot! His passion for teaching and his genuine care for students are clear, with many praising his kindness, humor, and dedication. Beyond the classroom, Mr. Blount has coached numerous sports with his kids, worked in the fitness center for 20 years, and values family, faith, and health. His positive impact extends far beyond the lessons he teaches. Thank you, Mr. Blount, for everything you do!

#MakingADifference



# SILLISMA

Congratulations to Ms. Sarah Tungate for making a lasting impact at Wilmot Union High School! Her dedication to students is evident in the way she builds strong relationships and offers consistent support. helping students with Whether it's behavioral challenges or simply being a SARAH-TUNGATE friendly face, Sarah's positive attitude shines through every day. As a Wilmot alum, she's come full circle, giving back to the community she once was a part of. We're lucky to have Sarah as part of our team! Keep up the great work! #WilmotPride#StudentSuccess



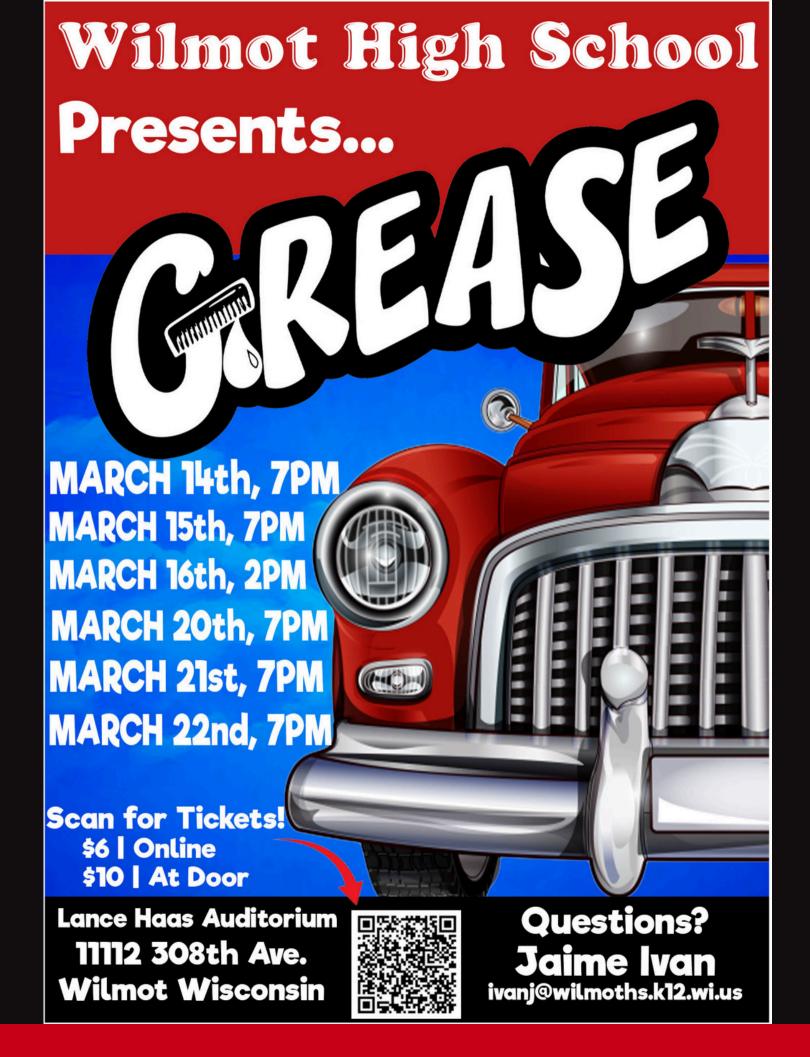
Shoutout to Ms. Barranco, a truly amazing teacher! With 11 years at Wilmot, she's made a lasting impact on her students with her kindness, humor, and dedication. From her thoughtful approach to teaching English to her support during tough times, she always puts her students first.

Whether coaching, being involved in student council, or providing personal guidance, Ms. Barranco goes above and beyond. Wilmot is lucky to have such an incredible educator!

#ThankYouMsBarranco #BestTeacherEver
#WilmotPride



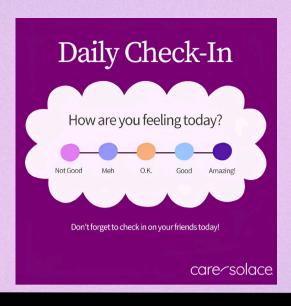
**ENGLISH TEACHER** 



Wilmot Union High School is committed to the health, safety, and well-being of our students, staff, and families.

We are proud to announce our partnership with Care Solace to support our ongoing commitment. If you or a family member are looking for help with mental health or substance use, Care Solace will quickly connect you to community providers matched to your needs.

Call 888-515-0595 at any time or search on your own at <u>caresolace.com/wilmot</u>.



# STAY IN THE KNOW WITH BRIGHTARROW!







We are now using the BrightArrow system to keep you updated with urgent and important texts.

**Look out for a message from 79041**—it's your first step to staying informed. When you receive the invite, just **REPLY YES** to keep the texts coming.

Miss it? No worries! You can always start receiving messages again by texting YES to 79041.

# Don't miss out—stay connected!

# Click Here for the Annual Notice of Special Education Evaluation Procedures

The Office of Civil Rights recently published fact sheets that outline **Section 504 Protections for students with Bipolar Disorder, Depression, Anxiety, and Eating Disorders.** 

Each fact sheet outlines a description of each diagnosis, specific protections for students, how it can affect a student's experience at school, and steps that can be taken to support students in K-12 education and postsecondary education. **The fact sheets can be found here:** 

- Bipolar disorder fact sheet
- <u>Depression fact sheet</u>
- Anxiety fact sheet
- Eating disorders fact sheet



Eight Wilmot DECA members competed at the **Wisconsin State Career Development Conference** on Feb. 24-26 in Lake Geneva. Over 1,600 students from across the state participated in competitive events including professional presentations, role play contests, leadership workshops, and written exams.

# **Medal** Winners:

- Jake Keating Role Play 1, Human Resource Management
- Aliya Corona Role Play 1, Accounting Applications

Jake Keating qualified to compete at the International Career Development Conference in Orlando, FL this April! He placed 3rd in Business Services Operations Research, earning a project finalist spot and a trophy for his 20-page paper and professional presentation!

# Wilmot DECA Chapter Awards:

- Recognized for community service contributions
- Earned Gold recertification for School-Based Enterprise
- Chapter President Jake Keating accepted the Diamond Dash award for achieving DIAMOND level in documenting chapter events

Congratulations to all Wisconsin DECA SCDC competitors on their success!

Wilmot DECA continues to prepare emerging leaders in marketing, business, hospitality, and finance.



# Wilmot's Academic Bowl Team placed fifth overall at the Southern Lakes Conference Academic Bowl!

- Ella Duncan scored first overall in the written World Literature test
- Lucas Olszak scored first in the written U.S. History test
- Elisabeth Pietluck excelled in Civics
- Social Studies team tied for 1st in the oral presentation
- Math team tied for 3rd overall in the oral presentation

This is the best showing for Wilmot at the Academic Bowl in the past three years!

Way To Go, Panthers!

# A MESSAGE FROM

# STUDENT SERVICES

# **CLASS OF 2025:**

Now that many students have decided where they will continue their education after Wilmot, they are encouraged to check the <u>Scholarship Bulletin</u> for great local opportunities.

Additional resources include **UW school scholarship** websites and **private school options.** 

# CONTACT US TODAY

CLICK ON OUR PHOTO TO SEND AN EMAIL DIRECTLY



<u>JESSICA RUNTE</u> SCHOOL COUNSELOR A-F



KRISTEN PYE
SCHOOL COUNSELOR
G-MA



<u>KARL RICHTER</u> SCHOOL COUNSELOR MB-SO



MELISSA SWEATMAN SCHOOL COUNSELOR SP-Z

# **COURSE SELECTION:**

9th-11th grade students are well underway in the 2025-2026 school year course selection process.

We encourage you to talk with your students about this process and their selections. Students have been meeting individually with their counselors to confirm their course selections.

Students will have until June 2, 2025 to let their counselor know of any schedule change requests for the 25-26 school year.

If you have any questions and/or want to talk through your student's courses more, as always, please contact your student's counselor.







# SOCIAL MEDIA, ONLINE SAFETY, AND YOUTH MENTAL HEALTH

# **BEST PRACTICES AND RESOURCES**

## FOR PARENTS AND CAREGIVERS

Parents have a critical role in supporting the social and emotional development of their children. But other adults also play a key role in protecting children from unhealthy media use or risky exposure. A successful approach includes caregivers, pediatricians, teachers, coaches, and other trusted adults in a child's life.





The SAMHSA-funded National

# Center of Excellence on Social Media and Youth Mental Health

(Center of Excellence) provides information and educational resources for youth, parents, educators, and others who help youth navigate social media. The Center of Excellence has developed a number of resources that provide timely guidance for youth on how to use digital media and manage their presence online.



# STRATEGIES FOR PARENTS AND CAREGIVERS

- Build a family media plan.
- 2. Balance time with and without devices.
- 3. Talk about social media.
- 4. Set a good example.
- 5. Optimize your family's online experience.

LET'S CHAT! Parents and caregivers can engage in conversations with their children related to digital technology and social media use.



# **CONVERSATION STARTERS FOR FAMILIES:**



These resources encourage parents and caregivers to have open and collaborative communication about their child's online use and family expectations because children are more likely to follow rules when they have the opportunity to provide input and discuss their concerns about online safety. And close relationships between parents and their children are associated with fewer online risk-taking behaviors in children.

- Normalize Having Boundaries: Talk about ways to prevent technology from crowding out healthy behaviors, such as sleep, and quality time with family, using developmentally appropriate language to help limit device and online platform use.
- Pick Good Content: Ensure children are engaging with age-appropriate content with appropriate parental monitoring of media use, given the plethora of content available online.
- Teach Non-screen Ways to Manage Emotions and Boredom: Devices are
  often used to manage stress or boredom, and finding appropriate alternatives
  is important to help limit online media use.
- Parents Should Talk About Their Own Media Use: "I sometimes have a hard time not checking my phone or feeling the need to respond to texts or emails. I'm working on how to be better about my own boundaries. Let's help each other find a good balance."



- "Sharenting"—Thinking Before You Share Content Online: Parents can think about how to appropriately
  share content on social media that includes their children, including sharing their pictures. Discussing this
  with children teaches them about consent and privacy, which may help them be a more responsible social
  media user as a teen and into adulthood.
- Teach Safety Skills: When kids are young, we talk to them about street safety, swimming safety, and other rules that come with exploring the world. There are also safety rules for the digital world.
- Checking in on Unwanted Content: As you probably know, your social media platforms track your search
  and viewing patterns. They try to get to know you, and an algorithm decides what to put in your feed.
  Parents can ask: "How is the algorithm working for you at this point? Is there content we don't want to see?
  Can we look at ways to reset your algorithm?" Another aspect of social media use is protecting our privacy.
  "Have we looked at the privacy settings on all of your accounts? How are things going with those settings?"

### RESOURCES! For more information and additional SAMHSA resources, check out:

<u>Kids Online Health and Safety Task Force</u>
Parent and Caregiver Resources | SAMHSA

To learn how to get support for mental health, drug or alcohol issues, visit <u>FindSupport.gov</u>. If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat at <u>988lifeline.org</u>.

# **FEATURED RESOURCES**

Click on the WUHS logo below to visit our website!

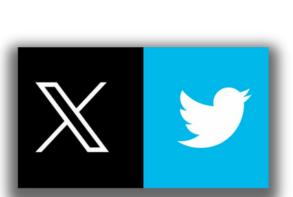


Share a moment when a Wilmot staff member made a positive impact in your life by clicking on the photo below.





Don't miss out!
Click the logo and
follow our page
for daily updates!





# COMMUNITY OUTREACH

# BECOME A FITNESS CENTER MEMBER TODAY!







<u>Membership Pricing</u>	<u>Resident</u>	Non-Resident
Family Membership	\$180	\$280
Individual Membership	\$100	\$200
Individual 6 month Membership	\$60	\$120
Individual Quarterly Membership	\$35	\$70
College Student Membership	\$35	\$35
Wilmot UHS & Feeder School Retiree Membership	\$35	\$35
45 minute classes- 8 classes	\$45	\$45
60 minute classes- 8 classes	\$55	\$55
Drop in fee	\$8	\$8

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MONDAYS 5:30AM - 6:30AM | MAR. 10 - APR. 28 TUESDAYS 5:30PM - 6:30PM | MAR. 11 - APR. 29

8 WEEK SESSION SIGN UP ONLINE



SIGN UP ONLINE



MONDAYS | MAR. 10 - APR. 28 6:00PM - 7:00PM | 8 WEEK SESSION



SIGN UP ONLINE



BUY YOUR SEASON PASSES OR INDIVIDUAL TICKETS ONLINE WITH



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# Wilmot Cheerleading



# **Open Gyms**

Wednesday April 9, 2025	Wednesday April 23, 2025	Wednesday May 7, 2025
6:00-7:30pm	6:00-7:30pm	6:00-7:30pm
Location: Maki Gym	Location: Maki Gym	Location: Maki Gym

# **Tryouts**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
May 12, 2025	May 13, 2025	May 14, 2025	May 15, 2025
Parent Meeting 6:30-7:30pm Room 180	Parent Meeting 6:30-7:30pm Room 180	Tryout Day 1 + Evaluation 4:00-8:00pm Maki Gym	Tryout Day 2 + Evaluation 4:00-8:00pm Maki Gym

In order to tryout, a parent and athlete needs to attend either the Monday or Tuesday parent meeting - YOU DO NOT NEED TO ATTEND BOTH DATES

Contact: wilmotunioncheerleading@gmail.com

For further information, please join our google classroom (code: x4f3vev)



# WILMOT UNION HIGH SCHOOL

## **Board of Education - Calendar:**

https://www.wilmothighschool.com/BOE%20Calendar%2 02024%202025.pdf

# Newsletter Email & SMS List:

https://docs.google.com/forms/d/e/1FAlpQLSfP6W4NQCzyg4OdRT60MXWjPrSOXiCwcxyrt8CT2MNl4mgU0A/viewform

## **Community Referendum Page:**

https://www.wilmothighschool.com/district/communityreferendum-.cfm#d922372

# **Staff Spotlight Interviews:**

### Fiveland-Scott -

https://docs.google.com/document/d/1gOYqC5DdRroWJI 767fzGF1\_dYcdn\_K7B\_O8SwT8iCqq/edit?tab=t.0

## **Dvorak** -

https://docs.google.com/document/d/ljtnR-49Fv3tkNT-\_kdW2Mjo7BhBx4cDyUfQh0oMGzA8/edit? tab=t.0#heading=h.csimtjhy5obj

### Blount -

https://docs.google.com/document/d/1DJV8ythd\_NOeGx YRhZi3RJWk7b-q7rTu-LGR83o0-uU/edit? tab=t.0#heading=h.b1lcflpju8ub

### Tungate -

https://docs.google.com/document/d/liwerVS67ycyadFN hqXRNFcU4AUiDLhD5R9aNbfMYOGw/edit? tab=t.0#heading=h.75avll1h0eqw

### Barranco -

https://docs.google.com/document/d/102lVW29qyebf58 TomZT7SEm2Jp2lT5d\_\_Jl4natmxqg/edit? tab=t.0#heading=h.csimtjhy5obj

### Scholarship Bulletin:

https://docs.google.com/spreadsheets/d/ldmwk07flDPonw\_AMGX xS27J88qb\_ZsDveEhnv7huayk/edit?gid=844167044#gid=844167044

### Center of Excellence on Social Media and Youth Mental Health

https://www.aap.org/en/patient-care/media-andchildren/center-of-excellence-on-social-media-and-youth-mentalhealth/

### **Staff Appreciation:**

https://docs.google.com/forms/d/e/1FAIpQLSf45d5rVaDgSnHOp4 Py tFfTWXhbpNk2yOtJO2nteK46TKQdw/viewform

### Facebook:

https://www.facebook.com/wilmotuhs

### **Instagram:**

https://www.instagram.com/wilmotuhs/

### X (Twitter):

https://twitter.com/wilmotuhs

### Fitness Center Membership:

https://www.wilmothighschool.com/about/fitness\_center.cfm

### Fitness Center Classes:

https://wilmothighschool.cr3.rschooltoday.com/public/getclass/category\_id/-1/program\_id/6

### **Community Outreach - Class Registration:**

https://wilmothighschool.cr3.rschooltoday.com/public/home/

### **Athletics Page:**

https://www.wilmothighschool.com/athleticsactivities/athletics.cfm

### **Athletic Registration Website:**

https://wilmotunion-ar.rschooltoday.com/

### GoFan:

https://gofan.co/app/school/WI19522

# **ADDITIONAL LINKS:**

### **Athletics Calendar:**

https://southernlakesconference.org/public/genie/86/school/1/

# **School Calendar:**

https://www.wilmothighschool.com/about/ /calendars.cfm









https://docs.google.com/document/d/1YMyIADrct \_mUcBFbaNahyJcM5Zjpf7T9ssXNU6OaKOk/edit

## **WUHS Newsletter:**

https://www.wilmothighschool.com/wilmotupdates.cfm







