



Wilmot Union High School

WUHS TODAY

ISSUE 19 • FEBRUARY, 2025



VISIT OUR NEW WEBSITE

CLICK HERE FOR
THE FEBRUARY
LUNCH MENU



WATCH OUR WHY WILMOT VIDEO

HERE

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[BOARD OF EDUCATION
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FEBRUARY 10 - 4:30 PM

[REGULAR BOARD MEETING:](#)
FEBRUARY 19 - 6:00 PM

[CLICK HERE FOR THE 24-25
BOARD OF EDUCATION
CALENDAR](#)

SIGN UP TO RECEIVE SMS ALERTS
[CLICK HERE](#)
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[JOIN OUR EMAIL LIST](#)



Invest in Our Future: A Community Referendum

As your district administrator, I'm excited to share information about our upcoming community referendum, focused on improving our school facilities and creating spaces that benefit both students and the wider community.

We've listened carefully to feedback from teachers, staff, and community members, and have developed a plan that addresses three key areas:



Dr. Michael Plourde
District Administrator

Modern Learning Environments

- Expand the Metals Shop
- Remodel and modernize Culinary and Home Ec. labs
- Modernize 60 classrooms with new monitors, updated data cabling, and electrical power relocation
- Creation of new community daycare center within the high school building

Safety & Security Improvements

- Update the secure entrance sequence at Door A
- Expand/complete the fire protection sprinkler system
- Replace existing and add additional security cameras
- Upgrade the PA and clocks system

Building & Site Infrastructure

- Replace immediate needs roofing
- Replace 5 boilers
- Replace VCT flooring
- Repair and upgrade exterior facade
- Upgrade the track, tennis courts, and varsity baseball and softball fields (turf infields)

Several More Additional Projects Will Be Included.

Did You Know?

Due to **paying off our final debt payment from the 2004 facility referendum**, voters can approve this referendum and still see their **taxes drop** by an estimated \$137 per year per \$300,000 of property value.



Dr. Michael Plourde
District Administrator

Opportunities for Community Input

We want to hear from you!

JOIN US FOR:

Referendum Information Nights in the Wilmot Union High School Library

- February 24th and March 12th, both at 6:00 pm
- Wear comfortable shoes. Guests will take a tour of the facility.

Coffee & Conversation at Cup O' Joe Coffee House in Twin Lakes

- February 20th and March 20th, both at 5:00 pm

Voting Day

- Tuesday, April 1st

**This is an investment in our students, our school, and our community.
We encourage everyone to participate in the conversation and cast
their vote on April 1st.**

Together, we can build a brighter future for Wilmot Union High School!

Your partner in education,

Michael Plourde

Dr. Michael Plourde
District Administrator

A MESSAGE FROM THE PRINCIPAL

On March 18th, Juniors throughout the state of Wisconsin will be taking the ACT. Likewise, all Wilmot High School Freshman and Sophomores will be taking the Pre-ACT on that same day. Over the years the ACT has evolved in order to meet the needs of ALL students, not just students looking to attend college.

The ACT Test is Evolving

We are looking forward to preparing our students for this opportunity and invite you to help support your student on this journey. Taking the ACT is a critical step for many high school students, as it plays a significant role in shaping their college and career opportunities.

Here's why it's important:

1. College Admissions

- **Standardized Benchmark:** The ACT provides colleges with a standardized measure to evaluate students from different schools and educational systems.
- **Scholarships:** Many colleges and organizations offer merit-based scholarships that consider ACT scores, which can reduce the financial burden of higher education.
- **Competitive Edge:** A strong ACT score can boost a student's application, especially for selective colleges or programs.

2. Career Readiness

- **Skills Assessment:** The ACT measures English, math, reading, and science skills, essential for both college and many careers.
- **Career Alignment:** The ACT provides a career readiness component, helping students understand how their strengths align with potential career paths.
- **Workforce Preparedness:** Employers in some fields view strong ACT scores as a sign of foundational skills and readiness for professional training.

3. Opportunities Beyond College

- **Military Requirements:** Some branches of the military consider ACT scores as part of their evaluation process.
- **Personal Growth:** Preparing for and taking the ACT can help students develop time management, test-taking strategies, and discipline—skills beneficial in any career.



Rob Kreil
Principal

4. Opening Doors for Undecided Students

- **Exploration:** Students unsure about their future plans can use their ACT results to explore options, from college programs to career fields.
- **Flexibility:** High scores keep multiple pathways open, ensuring students have the option to choose between different opportunities.



Rob Kreil
Principal

Tips for Students and Supporters

- Start preparing early to build confidence and improve scores.
- Use practice tests to identify strengths and areas needing improvement.
- Encourage retaking the ACT if scores don't align with goals, as improvement is common with additional preparation.

THE ACT IS MORE THAN JUST A TEST—IT'S A GATEWAY TO OPPORTUNITIES.

Supporting high school students in understanding its importance and preparing effectively can significantly impact their future success.



New Year, New Goals: The Importance of Attendance



Dan Bender
Associate Principal

Happy New Year! As we step into this fresh start, it's a great time to reinforce positive habits with your student that will set them up for success in school and beyond. Regular attendance is one of the most impactful factors in improving academic performance, building strong social/emotional skills, and developing a routine that promotes lifelong success.

Here's how good attendance helps your student:

- **Improves Academic Success:** Being present means they're not missing critical lessons, discussions, and opportunities to ask questions in real time.
- **Boosts Social and Emotional Growth:** Engaging with peers and teachers daily helps build connections, confidence, and teamwork skills.
- **Builds Healthy Habits:** Consistent attendance helps establish a routine that fosters responsibility and time management—skills that are essential for life.

Healthy Habits to Support Attendance:

Encourage your student to take care of their body and mind so they're ready to show up and give their best each day:

- Get 7-9 hours of sleep.
- Eat a balanced breakfast.
- Stay active with fitness or movement they enjoy.
- Manage stress with healthy coping techniques like mindfulness or talking to someone they trust.

We're here to partner with you and your student to make this year a success! If you have any concerns or need support, don't hesitate to reach out. Let's make 2025 the best year yet!

Warm Regards,

Dan Bender
Associate Principal

STAFF *Spotlight*

Ms. Delilah Lorenzo, a Wilmot graduate and paraprofessional since 2022, is celebrated for her commitment, compassion, and her ability to connect with students. Excelling in a long-term substitute role, she earned admiration from colleagues and students alike. Ms. Lorenzo is pursuing a special education career and she has recently attended a Women's Leadership Conference. Ms. Lorenzo credits her love for education to her own high school experience, particularly the inspiration she received from Mr. John Sorensen. Her journey from Wilmot student to educator is a testament to her determination and passion for giving back to her community.



**DELILAH
LORENZO**

SUPPORT STAFF

[Find the Full Interview
Notes with Ms. Lorenzo
HERE!](#)

Congratulations!

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STAFF *Spotlight*

Meet Jordin Burchell, an incredible educator and valued Wilmot team member for 6 years! Inspired by Wilmot's own Sarah Grabarec, Jordin discovered her passion for teaching as a TA and went on to earn her Master's in Education. She continues to grow professionally, taking courses like IEP Law, and loves co-teaching math, where she fosters an inclusive and engaging environment. Beyond the classroom, Jordin has coached gymnastics for 8 years, mentoring students to build confidence and resilience. This year, she welcomed her baby boy, Beau, and credits her Wilmot coworkers, her "family," for their unwavering support.



**JORDIN
BURCHELL**

TEACHER

[Find the Full Interview
Notes with Ms. Burchell
HERE!](#)

Congratulations!

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STAFF *Spotlight*

Staff Spotlight: Mr. Terry Bruton

This month, we recognize Mr. Terry Bruton, an educator with 31 years of experience and a deep connection to Wilmot. As a Wilmot alum, Mr. Bruton has been a positive influence on countless students. He is known for his caring, relaxed teaching style and ability to make even the most challenging subjects enjoyable.

Student Remark:

“Mr. Bruton is an amazing teacher who makes me look forward to school, even when APHuG can get stressful. He’s always willing to help and makes learning fun!”

Inspiration:

Mr. Bruton credits Tom Riegel and Mick Ristau as his inspirations, who instilled in him a love for teaching and coaching.



TERRY BRUTON

TEACHER

[Find the Full Interview Notes with Mr.. Bruton HERE!](#)

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STAFF *Spotlight*

Staff Spotlight: Ms. Alyssa White

This month, we celebrate Ms. Alyssa White, a 2017 Wilmot graduate and inspiring educator who makes learning fun and engaging for her students!

What students say:

“Best homeroom teacher ever!”

“She makes AP Psychology exciting!”

“Always kind, understanding, and fun!”

With three years of teaching experience, Ms. White has organized field trips, assisted with musical auditions, and is working towards earning a Master’s in Psychology.

She’s also a proud cat owner to Scuba Steve! 🐱

Let’s give Ms. White a round of applause for all she does!

#StaffSpotlight

#InspiringEducators



**ALYSSA
WHITE**

TEACHER

[Find the Full Interview Notes with Ms. White HERE!](#)

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STUDENT SPOTLIGHT



Audrianna, a junior at Wilmot Union High School, has been nominated as a **Delegate to the Congress of Future Medical Leaders!** This prestigious event will be held **June 25-27, 2025, at the University of Massachusetts Lowell.**

The Congress is an honors-only program recognizing exceptional high school students aspiring to become physicians or medical researchers. Audrianna was nominated by Nobel Prize winner Dr. Mario Capecchi for her academic excellence, leadership potential, and dedication to serving humanity in the field of medicine.

During the event, Audrianna will:

- Hear from Nobel Laureates and top medical researchers.
- Receive guidance from Ivy League and top medical school deans.
- Learn about cutting-edge advancements in medicine and technology.
- Be inspired by fellow students and patient stories of medical miracles.

This nomination highlights Audrianna's incredible focus, determination, and passion for making a difference in the world of medicine.



During the week of January 6, 2025, eleven Wilmot HOSA - Future Health Professionals members competed in a variety of events at the Virtual Wisconsin HOSA Regional Competition.

This event gives students the opportunity to showcase health science academic knowledge and skills. Events can include online tests, skill demonstration, formal presentations, display of work, or group situations. Students learn about health careers, decision-making, problem-solving, communication, leadership, and self-improvement.

Congratulations to the following HOSA - Future Health Professionals members who placed in the top 15 in the state for their competitive event. They have qualified to compete at the Wisconsin HOSA State Leadership Competition in April at the Kalahari in Wisconsin Dells.

- **Caitlyn DePasquale - Clinical Specialty**
- **Ellie Eggert - Interviewing Skills**
- **Kayla Grubb - Family Medicine Physician**
- **Luci Hart - Physical Therapy**
- **Genevieve Spencer - Pharmacy Science**
- **MS - Respiratory Therapy**
- **Grace Barton has been selected as an alternate for Pathophysiology.**

SUPER CARE HEROS



Kristen Pye
School Counselor



Samantha Meyer
Social Worker

We're thrilled to share that Social Worker Samantha Meyer and School Counselor Kristen Pye have been recognized as Super Care Heroes by Care Solace!

This award honors mental health advocates who go above and beyond to support student well-being and connect them with the care they need. Their dedication is truly life-changing, and we are so grateful for their impact on our community.

Wilmot High School

Presents...

GREASE



MARCH 14th, 7PM

MARCH 15th, 7PM

MARCH 16th, 2PM

MARCH 20th, 7PM

MARCH 21st, 7PM

MARCH 22nd, 7PM

Scan for Tickets!

\$6 | Online

\$10 | At Door

**Lance Haas Auditorium
11112 308th Ave.
Wilmot Wisconsin**

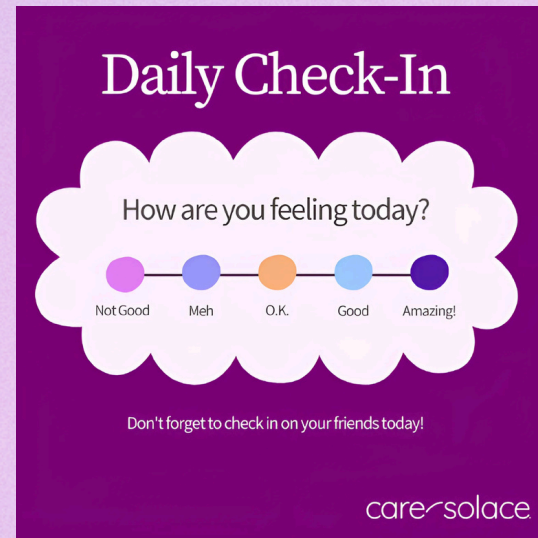


**Questions?
Jaime Ivan
ivanj@wilmoths.k12.wi.us**

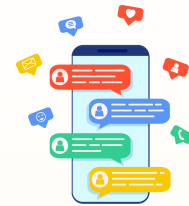
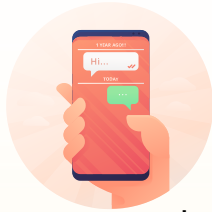
Wilmot Union High School is committed to the health, safety, and well-being of our students, staff, and families.

We are proud to announce our partnership with Care Solace to support our ongoing commitment. If you or a family member are looking for help with mental health or substance use, Care Solace will quickly connect you to community providers matched to your needs.

Call 888-515-0595 at any time or search on your own at caresolace.com/wilmot.



STAY IN THE KNOW WITH BRIGHTARROW!



We are now using the BrightArrow system to keep you updated with urgent and important texts.

Look out for a message from 79041—it's your first step to staying informed.

When you receive the invite, just **REPLY YES** to keep the texts coming.

Miss it? No worries! You can always start receiving messages again by texting YES to 79041.

Don't miss out—stay connected!

[Click Here for the Annual Notice of Special Education Evaluation Procedures](#)

The Office of Civil Rights recently published fact sheets that outline **Section 504 Protections for students with Bipolar Disorder, Depression, Anxiety, and Eating Disorders.**

Each fact sheet outlines a description of each diagnosis, specific protections for students, how it can affect a student's experience at school, and steps that can be taken to support students in K-12 education and postsecondary education. **The fact sheets can be found here:**

- [Bipolar disorder fact sheet](#)
- [Depression fact sheet](#)
- [Anxiety fact sheet](#)
- [Eating disorders fact sheet](#)



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A MESSAGE FROM STUDENT SERVICES

Wilmot Union High School will be proctoring the **ASVAB** test to students on **Wednesday, February 12th, from 7:30-10:30 a.m.**

The ASVAB is a multiple-aptitude battery that measures developed abilities and helps predict future academic and occupational success in the military.

If your student would like to take the ASVAB test, please have them complete the **ASVAB Registration form** that was emailed to them by **Tuesday, February 4th.**

As the date gets closer you and your student will receive more information regarding the testing room location and details.

Course Selection for 2025-2026:

On **Monday, February 3rd** all 9th-11th grade students will begin the 2025-2026 school year course selection process in their homerooms. We encourage you to talk with your student about this process and their selections.

Students will meet individually with their counselors to confirm their course selections later in February. Students will have until **Monday, June 2nd to let their counselor know of any course request changes for the 25-26 school year.**

The **Academic & Career Planning Guide** is a great resource to identify courses of interest. Here is a **video** to help students navigate choosing their courses in Skyward as well. If you have any questions and/or want to talk through your student's courses more, as always, please contact your student's School Counselor.

Scholarship Bulletin

Class of 2025: Now that many of you have decided where you are going to continue your education after Wilmot Union High School I encourage you to look at the scholarship bulletin for great local scholarships. Also included are other resources such as **UW school scholarship websites** as well as private school **scholarship information**.

Badger Boys & Girls State Representatives

Juniors Students,

If you are interested in being this year's Badger Boys State or Badger Girls State representative please see Mrs. Sweatman in the Student Services Office by **Friday, February 21st**.

Badger Boys/Girls State is a program that provides the opportunity for young men and women to learn more about civic processes of our state's government and the leadership that is required to build a community.

For more information regarding the programs, please visit the links below.

- Badger Boys State
 - **<https://badgerboysstate.org/>**
- Badger Girls State
 - **<https://www.alabgs.org/>**

Intermediate Statistics



PACC: MTH 504

This college credit-qualified class introduced inferential statistics, including elementary combinatorics and probability, binomial and normal distributions, the Central Limit Theorem, and many others.



Introduction of Special Education



ITP 102

A college credit-qualified class that studies students with disabilities from children, adolescents, and young adults.



Multicultural literature of the United States



ENG 505

A college credit-qualified class that studies a wide range of literary texts about diverse groups of people in American Society.



Contemporary Novel



ENG 504

A college credit-qualified class that studies British and American novelists of the last decade.

Class is Aligned with ENG 503 at UWW



Fundamentals of Music



PACC: MUS 405

A college credit-qualified class that introduces music vocabulary including notation, scales, melody, and basic harmony

For students NOT pursuing music ensembles



Jazz Appreciation



PACC: MUS 406

A college credit-qualified class that explores periods of jazz from its beginning through the present with emphasis on key performers and their styles.



English Composition and Reading



PACC: ENG 404

A college credit-qualified class that develops college-level competencies in writing and reading in a variety of different contexts

Emphasis in Argumentation



Foundations of Education



PACC: ITP 105

A college credit-qualified class that foundations of education from the teaching profession, the whole child, and exploring children's world in different contexts.



United States History



PACC: SOC 501

This is a college credit-qualified class that is over the course of two semesters. Students will be expected to take Advanced Placement in the spring semester for college credit.

1491 -Present Day



We offer a wide range of PACC (Parkside Access to College Credit) and UWW PIE (Partners in Education) courses where students earn valuable college credits while still in high school. Students will earn UW System credits that articulate to most other universities.

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CAREER DEVELOPMENT CONFERENCE

**We are in need of Judges for the
Wisconsin DECA State Career
Development Conference.**

**If you are available to judge on
Monday 2/24 (projects) and/or
Tuesday 2/25 (role plays), please go
to this link and register.**

Register Here:

tinyurl.com/widecascdc

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Did you know that February 1st through February 29 is American Heart Month?

Heart month is an annual observance dedicated to raising awareness about heart health and cardiovascular disease. This month helps to remind us to prioritize a heart healthy lifestyle. It is also a great time to learn about heart disease prevention. Help us to bring greater attention to heart disease by joining us in wearing RED on National Wear Red Day, which will be held on Friday February 7th, 2025.

Heart disease is the leading cause of death in the United States. There are many things that can raise your risk of heart disease some that you can control and others that you can't control. Risk factors that you can't change include: Age, sex, race or ethnicity, and family history. However, there are things that you can do to lower your risk of heart disease. Heart disease prevention starts with making healthy lifestyle choices and managing health conditions. Here are some things that you can do lower your risk of heart disease:

- Stay at a healthy weight
- Eat a healthy diet
- Get regular exercise
- Limit alcohol
- Don't smoke
- Manage your stress
- Make sure that you get enough sleep
- Manage diabetes
- Control your blood pressure
- Keep your cholesterol and triglyceride levels under control



FEATURED RESOURCES

Click on the WUHS logo below to visit our website!



Share a moment when a Wilmot staff member made a positive impact in your life by clicking on the photo below.



**Don't miss out!
Click the logo and
follow our page
for daily updates!**



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COMMUNITY OUTREACH

**BECOME A FITNESS
CENTER MEMBER
TODAY!**



SCAN ME




<u>Membership Pricing</u>	<u>Resident</u>	<u>Non-Resident</u>
Family Membership	\$180	\$280
Individual Membership	\$100	\$200
Individual 6 month Membership	\$60	\$120
Individual Quarterly Membership	\$35	\$70
College Student Membership	\$35	\$35
Wilmot UHS & Feeder School Retiree Membership	\$35	\$35
45 minute classes- 8 classes	\$45	\$45
60 minute classes- 8 classes	\$55	\$55
Drop in fee	\$8	\$8

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USE TICKETS



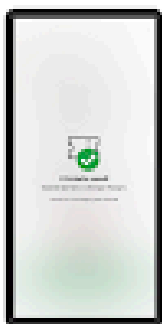
Use the above QR code for access to Wilmot's Go Fan website for your tickets!!!



SHOW TICKETS AT GATE & SELECT



PRESS USE



ENJOY



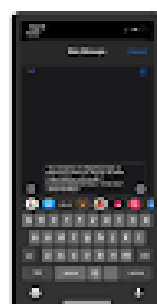
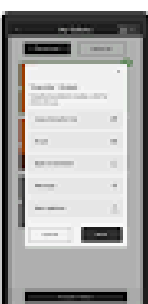
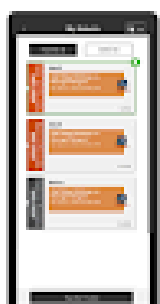
VIEW USED TICKETS



VIEW AVAILABLE TICKETS

HOW TO USE TICKETS

HOW TO TRANSFER TICKETS



WILMOT UNION HIGH SCHOOL

Board of Education - Calendar:

<https://www.wilmothighschool.com/BOE%20Calendar%202024%202025.pdf>

Why Wilmot Video:

https://drive.google.com/file/d/10h_gC8oUeUVXQnwg-eathklBixmdWIGA/view?ts=67998494

Newsletter Email & SMS List:

<https://docs.google.com/forms/d/e/1FAIpQLSfP6W4NQCzyg4OdRT60MXWjPrSOXiCwexyrt8CT2MNI4mgU0A/viewform>

Lunch Menu - February:

<http://www.wilmothighschool.com/Wilmot%20Feb%2025.pdf>

ACT Test:

<https://leadershipblog.act.org/2024/07/test-enhancements.html>

2025-2026 Academic Calendar

<https://www.wilmothighschool.com/25%2026%20Academic%20Calendar.pdf>

Staff Spotlight Interviews:

Lorenzo-

https://docs.google.com/document/d/1W44vBawyYMHx8Sxc_f31V-vlU068h4_NGINtRo5OXxw/edit?tab=t.0#heading=h.ywucubx2md72

Burchell-

<https://docs.google.com/document/d/1qoQsGxjtcMicrZyohb9AhmUK4pB4-C-i5Dg80zulCk/edit?tab=t.0>

Bruton - <https://docs.google.com/document/d/1vLqkeMUv40-H2HgMdwPfOhkIXwOtkncPBPXUrVn6CIQ/edit?tab=t.0>

White -

https://docs.google.com/document/d/1SXfdkrKLhkHVvWbVMI75AxjwUQ-zZLVIUYgvV8o_OdA/edit?tab=t.0

SpEd Annual Notice & Links:

<https://docs.google.com/document/d/1XfYex1V10zAIG5xnjO-TXnmYdnG4gP5F4qdU2hbH7zc/edit?tab=t.0>

BiPolar -

<https://www.ed.gov/sites/ed/files/about/offices/list/ocr/docs/ocr-factsheet-bipolar-disorder-202409>

Depression -

<https://www.ed.gov/sites/ed/files/about/offices/list/ocr/docs/ocr-factsheet-depression-202409>

Anxiety -

<https://www.ed.gov/sites/ed/files/about/offices/list/ocr/docs/ocr-factsheet-anxiety-disorders-202409>

Eating Disorder -

<https://www.ed.gov/sites/ed/files/about/offices/list/ocr/docs/ocr-factsheet-eating-disorders-202409>

Scholarship Bulletin:

https://docs.google.com/spreadsheets/d/1dmwk07fIDPonw_AMGXs27J88qb_ZsDveEhmv7huayk/edit?gid=844167044#gid=844167044

DECA Registration:

<https://docs.google.com/forms/d/e/1FAIpQLSfcUPbc5ZDnxNirkmQeu54OS-KMq4yQYDwQZKsjhlFAF2mw/viewform>

Staff Appreciation:

https://docs.google.com/forms/d/e/1FAIpQLSf45d5rVaDgSnHO4Py_tFFtWXhbpNk2yOtJO2nteK46TKQdw/viewform

Facebook:

<https://www.facebook.com/wilmotuhs>

Instagram:

<https://www.instagram.com/wilmotuhs/>

X (Twitter):

<https://twitter.com/wilmotuhs>

Fitness Center Membership:

https://www.wilmothighschool.com/about/fitness_center.cfm

Community Outreach - Class Registration:

<https://wilmothighschool.cr3.rschoolday.com/public/home/>

Athletics Page:

<https://www.wilmothighschool.com/athleticsactivities/athletics.cfm>

Athletic Registration Website:

<https://wilmotunion-ar.rschoolday.com/>

GoFan:

<https://gofan.co/app/school/WI19522>

ADDITIONAL LINKS:

Athletics Calendar:

<https://southernlakesconference.org/public/genie/86/school/1/>

School Calendar:

<https://www.wilmothighschool.com/about/calendars.cfm>

Parent Panther Newsletter:

https://docs.google.com/document/d/1YMyIADrct_mUcBFbaNahyJcM5Zjpf7T9ssXNU6OaKOk/edit

WUHS Newsletter:

<https://www.wilmothighschool.com/wilmot-updates.cfm>

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